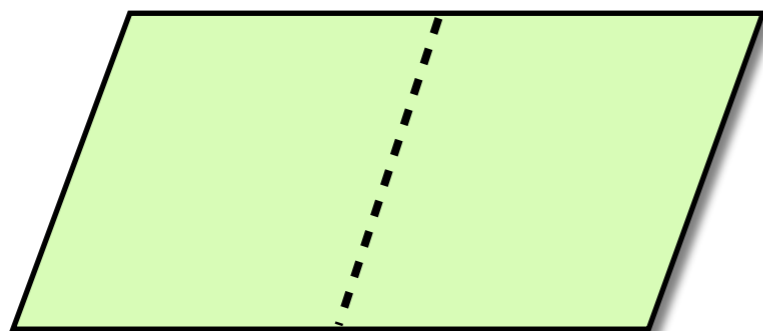
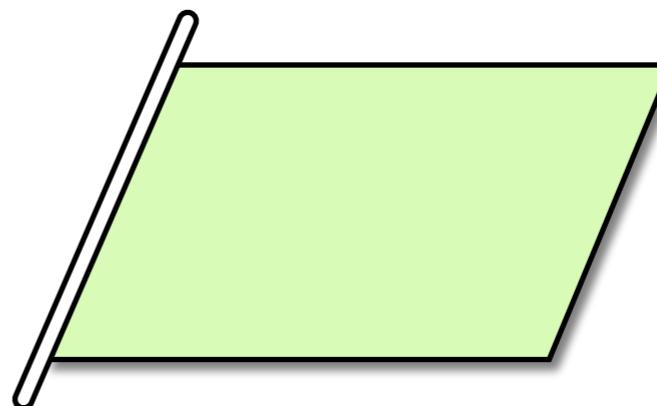


Rolling Tatami Omote Tameshigiri Targets

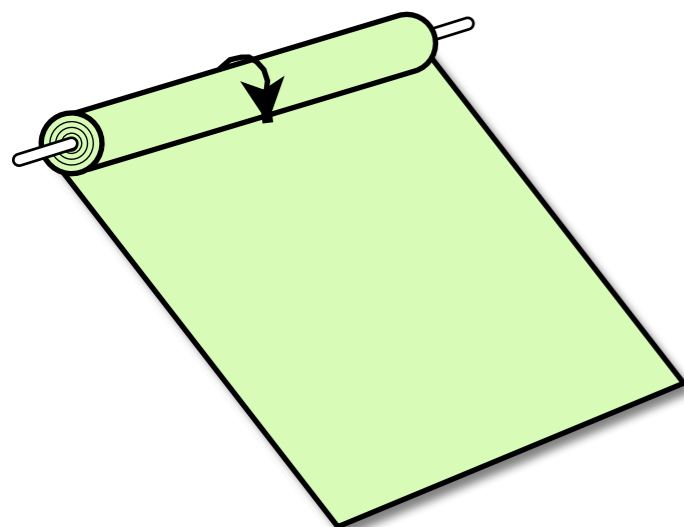
Half mat targets are described below but full mat targets can be rolled as well as multi-mat targets.



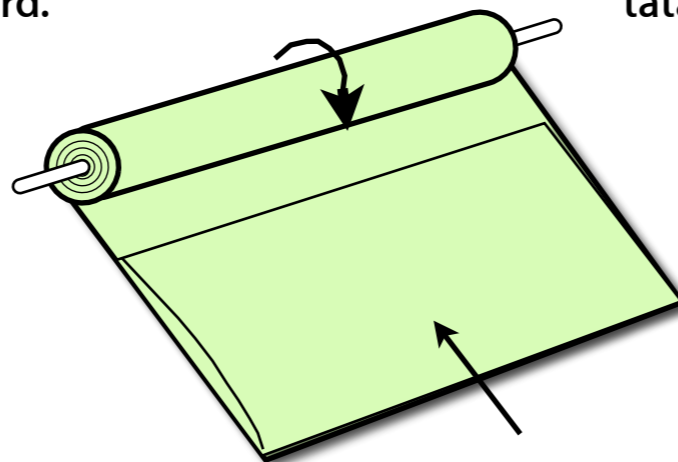
Start with a full mat and cut in half. If you have a table to work on lay it on the table to keep the mat from attracting grit that may scratch your sword.



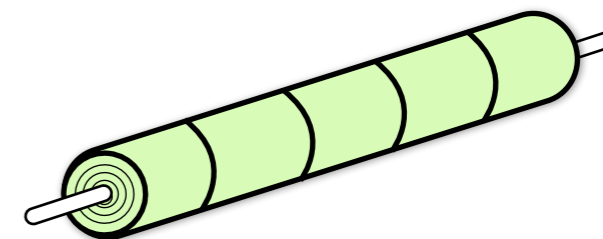
Using a piece of 3/4" PVC, preferably slit lengthwise and approx. 45-50" long, insert the **CUT** end of the tatami omote into the slit.



Roll the mat towards yourself and try to keep it fairly tight.



With approx. 6-10" remaining. **fold the end closest to you back onto itself** and crease the fold. This step helps keep the target neater when it's cut. Finish rolling to the end.



Secure with rubber-bands wound tightly in 4 places while maintaining as tight a roll as possible. Remove the PVC dowel. It should be a little hard to pull out if the target is rolled tightly.

The target should be somewhat firm but not absolutely tight. The PVC dowel should take a good tug to remove from the target. The target will firm up after soaking in water for as little as 4-hrs. to overnight. Let the targets drain for about 45 minutes before cutting. Once ready to mount onto target stand, use your finger to find the hole left by the dowel and open it up a bit. This will make it easier to place on the center peg. Have fun and be safe when using live blades and always work with an experienced instructor.

